



# 2018 Texas Youth Race Week - Optimist

July 6-8, 2018

*Hosted by Texas Corinthian Yacht Club (TCYC)  
Organizing Authority (OA) is TCYC in conjunction with USODA*

## SAILING INSTRUCTIONS (SI)

### 1. RULES

- 1.1. The regatta will be governed by the rules as defined in the current *Racing Rules of Sailing* (RRS), and by the “USODA Conditions for Sanctioned Regattas and Championships” as referenced in the notice of race.
- 1.2. The following applies to RRS 61:
  - (a) The third sentence of RRS 61.1(a) is deleted.
  - (b) RRS 61.1(a)(2) shall not apply. The red protest flag shall be attached to the competitor’s clothing or personal flotation device (PFD) and shall be capable of being concealed and being conspicuously displayed at arm’s length.
  - (c) The following new rule is added:

**“61.5 Informing the Race Committee (RC)**

In addition to meeting the requirements of RRS 61.1, a boat intending to protest another boat concerning an incident in the racing area that she is involved in or sees shall, at the first reasonable opportunity after she finishes, notify the RC finish vessel of her intent to protest and the sail number of the boat(s) she is protesting.”
- 1.3. **Appendix P** will apply. The title of RRS P2.2, “Second Penalty” is changed to, “Second and Subsequent Penalties.” At the end of the first sentence, add, “unless her penalty is signaled after she finishes, in which case she shall promptly notify the RC finish vessel that she is retiring.” RRS P2.3 is deleted.
- 1.4. SI breaches for which a discretionary penalty may be applied by the Protest Committee (PC) are designated by “[**DP**]” – Discretionary Penalty.
- 1.5. SI breaches for which a standard penalty – as stated in the SI, including Addendum 2 – may be applied by the Race Committee (RC), without a hearing, are designated by “[**SP**]” – Standard Penalty. This change is added to RRS A5.
- 1.6. SI breaches designated by “[**SP**] [**DP**]” mean that the Standard Penalty [**SP**] applies to the initial breach only. Subsequent breaches will be at the discretion of the PC – [**DP**].
- 1.7. The “Graded Penalty System” will apply and is attached as Addendum 2. “Fleet” is defined as the number of registered boats which subsequently completed competitor Check-In at the regatta venue (see SI 16.2). Percentage penalties will be rounded up to the nearest whole number.
- 1.8. RRS 63.7 is changed such that if there is a conflict between the SI and the Notice of Race (NOR), the SI shall govern.



## 2. **FORMAT OF THE CHAMPIONSHIP**

There will be a Championship Fleet which will sail as one fleet.

## 3. **NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board located on the windows of the TCYC Junior Clubhouse.

## 4. **CHANGES TO THE SAILING INSTRUCTIONS**

Any change to the SI will be posted on the official notice board by 1100 on the day that it will take effect, except that any change to the scheduled time of racing will be posted by 1900 on the day before it will take effect.

## 5. **SIGNALS MADE ASHORE AND LAUNCHING**

- 5.1. Signals made ashore will be displayed from the flagpole located on the waterfront in front of the TCYC.
- 5.2. When flag “AP” is displayed, “1 minute” is replaced with “not less than 30 minutes” in Race Signal “AP”. This changes Race Signal “AP.”
- 5.3. All boats shall be kept at TCYC on the waterfront hillside until the harbor start (see SI 5.4).
- 5.4. [SP] Harbor Start: Boats shall not launch until code flag “D” is displayed on the flagpole with one sound signal and shall obey verbal launching instructions.

## 6. **SCHEDULE OF RACES**

### 6.1. **Friday, July 6**

0930-1030	Competitor Check-In and Support (Coach/Spectator) Vessel Flag Registration
1100	Competitors’, Coaches’ and Parents’ Meeting, Poolside
1130	Lunch Onshore
1200	Harbor Start
1300	First Warning Signal

### **Saturday, July 7**

1100	Coaches’ Meeting, Poolside
1130	Lunch Onshore
1200	Harbor Start
1300	First Warning Signal

### **Sunday, July 8**

1100	Coaches’ Meeting, Poolside
1130	Lunch Onshore
1200	Harbor Start
1300	First Warning Signal
1600	No initial warning signal may be made after this time
After Racing	Awards Ceremony & Competitors Dinner



- 6.2. A maximum of nine (9) races are scheduled for the regatta. Three (3) races are scheduled for each day of racing, however, up to four (4) races may be sailed in one day providing the championship never gets more than one race ahead of schedule.

## 7. RACING AREA

The racing area will be roughly one (1) NM due east of the TCYC pier.

## 8. THE COURSE AND CHANGE OF THE NEXT LEG OF THE COURSE

- 8.1. SI Addendum 1 illustrates the course, including the general configuration of the marks, the order in which marks are to be passed, and the side on which each mark is to be left. The course length and exact configuration will be based on sailing conditions.
- 8.2. If one of the gate marks (mark 3P or 3S) is missing, boats shall round remaining mark 3 to port.
- 8.3. For a change of the next leg of the course, the RC will move the original mark or move the finishing line.
- 8.4. The angle from mark 2 to mark 3P/3S may be changed up to 15 degrees in either direction to compensate for wind / current differences on that side of the course, without signals or change marks, provided the change is made before any boats begin that leg. This is added to RRS 33.

## 9. MARKS

- 9.1. Rounding marks 1, 2, 3P and 3S will be yellow tetrahedrons.
- 9.2. Change marks will be the original marks.
- 9.3. The starting marks will be RC vessels displaying an orange flag at each end of the starting line.
- 9.4. The finishing marks will be a RC vessel displaying an orange flag at one end of the finishing line and a green tetrahedron at the other end of the finish line.

## 10. [DP] RESTRICTED AREAS (see also SI 19 and SI Addendum 1)

- 10.1. The **racing area** is the space encompassing the course, starting area, and finishing area. It extends 100 yards beyond any racing boat and all marks. Except as permitted by SI 19, only competing boats and official vessels (designated as such by the RC) may enter the racing area while boats are racing.
- 10.2. The **waiting area** is the area to leeward of the racing area below the starting line, which may be marked by a series of small balls or marks. Coach and support (parent or spectator) vessels are to anchor with their anchors at or behind the line formed by the row of small balls or marks, or, in the absence of small buoys, at a distance specified by the PRO.
- 10.3. The **corridor** is the lane to starboard of the RC finish vessel between the finish line and the waiting area, inside the race course. Boats are reminded when returning to the waiting area to not sail upwind of the starting line or across the starting line. Except as permitted by SI 19, only competing boats and official vessels (designated as such by the RC) may enter the corridor while boats are racing. **NO coach or support (parent or spectator) vessels are allowed in the corridor at any time.**



## **11. THE START**

- 11.1. Races will be started in accordance with RRS 26.
- 11.2. The Class Flag will be a white flag with an Optimist symbol.
- 11.3. The starting line will be between a staff displaying an orange flag on a RC signal vessel at the starboard end and a staff displaying an orange flag on a RC vessel at the port end.
- 11.4. At least four (4) minutes prior to the first warning signal of a race, the RC will display its orange starting line flags, with one sound.
- 11.5. A boat starting later than five (5) minutes after her starting signal will be scored Did Not Start (DNS), without a hearing. This change is added to RRS A5.
- 11.6. The RC **will not hail** the sail numbers of boats that are OCS or subject to starting penalties under RRS 30. A list of boats identified as OCS, UFD, BFD will be posted on a white board on the stern of the signal boat after each start, if necessary. The official list of RC actions will also be posted on the notice board ashore.
- 11.7. Any starting penalties from races that are abandoned or recalled after the starting signal and not re-sailed on the same day will not carry over to those races if they are re-sailed on another day in the regatta. This changes RRS 30.4 and 36.

## **12. THE FINISH AND RETURN TO THE STARTING AREA**

- 12.1. The finish line will be between a staff displaying an orange flag on a RC finish vessel at the starboard end and a green tetrahedron at the port end.
- 12.2. [SP] Immediately after finishing all boats shall sail clear of the finishing area and promptly return to the waiting area via the corridor shown in SI Addendum 1.
- 12.3. Code flag “A” displayed (with no sound) while boats are finishing means “No more racing today.”

## **13. ON-WATER JUDGES FOR RRS 42**

On-water RRS 42 Judge vessels will display code flag “J” or a US Sailing Judge flag. A Judge may also be aboard the RC signal vessel and if so, that vessel will display flag “J” or a US Sailing Judge flag.

## **14. TIME LIMITS**

- 14.1. The time limit for the first boat in a race to sail the course and finish is 90 minutes.
- 14.2. Boats failing to finish within 20 minutes after the first boat in a race sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This change is added to RRS 35 and A5.

## **15. PROTESTS, SCORING REVIEWS, REDRESS REQUESTS, AND PENALTIES**

### ***General***

- 15.1. Protest and scoring review forms are available at the PC desk located inside the TCYC Junior Clubhouse. Protests, requests for redress or reopening, and requests for scoring review shall be delivered there within the appropriate time limit.



- 15.2. The protest time limit is 45 minutes after the RC finish vessel docks. The protest time limit (filing deadline) will be posted on the official notice board as soon as practical.
- 15.3. The protest notices required by RRS 63.2, and the notification of protests by the RC or PC required by RRS 61.1(b), will be posted on the official notice board as soon as possible after a protest has been delivered, but not later than 15 minutes after the protest time limit.
- 15.4. A breach of SI 5.3, 5.4, 12.2, 17, 18, 19, 20, and 21 will not be grounds for a protest by a boat. This change is added to RRS 60.1(a).
- 15.5. Hearings will be held in the protest room located inside the TCYC Junior Clubhouse. The helmsman shall represent the boat. This change is added to the first sentence of RRS 63.3(a). Representatives of boats who are parties to a hearing and their witnesses shall report to the PC desk at the scheduled hearing time and remain there until called for their hearing.

#### ***Redress Requests***

- 15.6. Requests for scoring reviews for possible scoring errors are considered requests for redress per RRS 62.1. They shall be filed with the PC, on forms provided, within the time limit and will initially be reviewed by the RC. If resolved by the RC, no hearing will be scheduled. If not resolved by the RC, the RC will request a hearing and the PC will proceed under RRS 63.1.
- 15.7. If the RC posts a list of boats scored OCS, UFD or BFD on the official notice board before the time limit in SI 15.2, a request for redress based on such a posted score shall be made no later than 30 minutes after the protest time limit. This change is added to RRS 62.2.
- 15.8. Requests for redress relating to an OCS or starting penalty shall state the procedural error the competitor believes the RC may have made. Further, the competitor will be expected to establish that he or she started properly. This change is added to RRS 62.2.
- 15.9. On the last scheduled day of racing a request for redress based on a PC decision shall be delivered no later than 30 minutes after the decision was posted. This change is added as the last sentence to RRS 62.2.

#### ***Penalties***

- 15.10. A list of boats penalized for breaking RRS 42 will be posted as soon as practical after racing.
- 15.11. **[SP]** A boat that has taken a penalty under RRS 44.1 shall complete and sign the penalty acknowledgment log at the PC desk.
- 15.12. After application of any standard penalties **[SP]** or discretionary penalties **[DP]**, a boat's score shall not be made worse than the score for "DSQ."

### **16. SCORING**

- 16.1. The Low Point Scoring System of RRS Appendix A will apply as revised below.
- 16.2. The number of boats entered in the series will be defined as the number of registered boats which subsequently completed competitor Check-In at the regatta venue. This change is added as the first sentence to RRS A2 and A4.2.
- 16.3. One (1) completed race shall constitute a regatta.



16.4. Scoring will be based on races completed:

- (a) When fewer than five (5) races have been completed, a boat's series score will be the total of her race scores.
- (b) When five (5) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

## **17. SAFETY AND CHECK-OUT / CHECK-IN PROCEDURES [SP] [DP]**

- 17.1. Before launching each day, **competitors shall check-out** at the Safety Check-Out/In tables located under the poolside porch, indicating their departure to the race course. A competitor who will not be racing that day shall notify Safety Check-Out/In table before the Harbor Start.
- 17.2. Immediately upon returning to shore, but **not later than 30 minutes** after the RC finish vessel docks, **competitors shall check-in** at the Safety Check-Out/In tables located under the poolside porch, indicating their return to the TCYC.
- 17.3. A competitor retiring from a race or intending not to start a race shall notify a RC vessel or safety vessel before leaving the course, or if that is not possible, notify a TCYC official immediately upon returning to shore.
- 17.4. A boat with multiple infractions of SI 17.1, 17.2 or 17.3, Safety Check-Out / Check-In Procedures, may be protested by the RC and the penalty will be at the discretion of the PC.
- 17.5. A condition of entry and participation in this regatta is the wearing of a U.S. Coast Guard approved PFD dependent 100% on foam for flotation or, for international sailors only, a PFD approved by their country's corresponding authority, properly secured at all times while on the water, except for brief periods while removing or adding clothing. All PFDs must be suitable for the competitor's weight. Wet suits, dry suits, and inflatable PFDs are not approved nor permitted as PFDs. Failure to wear a proper PFD will result in a penalty up to and including disqualification at the discretion of the PC. These changes are added to RRS 40, and the Preamble to Part 4 will not apply to RRS 40.
- 17.6. Competitors shall have a whistle attached to their PFD at all times while on the water.
- 17.7. Each boat shall have a secure loop in the end of its painter.

## **18. EQUIPMENT AND MEASUREMENT [SP] [DP]**

- 18.1. Boats are allowed only one hull, daggerboard, rudder (including tiller and extension), mast, boom, sprit, and sail during the regatta. Any request to consider approving equipment substitutions shall be submitted in writing to the PRO before the end of protest time limit the day prior to the day for which the substitution is to be made. If changes are required during a day's racing, approval may be made verbally and the written request submitted before that day's protest time limit.
- 18.2. Measurement may be made of boats at any time during the regatta at the direction of the RC.

## **19. SUPPORT (COACH and SPECTATOR) PERSON REGULATIONS (see SI 10 & SI Addendum 1) [SP] [DP]**

- 19.1. **Coaches** are expected to be good role models for young sailors and conduct themselves accordingly ashore and on the water.



- 19.2. **Parents (spectators)** who are on the water either in support or coach vessels are considered coaches for the purpose of SI 19. Those parents who serve on RC vessels (including patrol and safety vessels) may not communicate in any way with their sailors or their coaches from the time the orange starting line flags are displayed until their sailor has finished his or her race (the “No Communication Period”). The only exception to this rule is when directed by the Principal Race Officer (PRO) or they are involved with safety and rescue. During periods of time when communication with coaches and/or sailors is permissible, these parents shall not transfer any strategic or tactical information (including audio or video recordings) gained due to their advantageous location on the race course or their access to RC communications, unless such information is made available to all sailors, coaches and other parents/supporters. Communications of a personal nature (e.g., ‘great race’, ‘get something to drink’, ‘go see your coach’, etc.) are always permissible outside the “No Communication Period”.
- 19.3. General support (coach and spectator) vessel requirements:
- (a) Support vessels shall display a numbered flag provided by the OA at all times while on the water. All support vessels shall carry a VHF radio and monitor the RC channel described at the initial coach and support boat meeting.
  - (b) No ‘team’ flags, private signal flags, or any object that might be construed as a signal shall be flown from coach or support vessels while racing is underway.
  - (c) Support vessels shall follow the instructions of RC, patrol, safety, PC, and other race management vessels at all times.
  - (d) No support vessels shall tie up to or congregate around any aid to navigation, such as buoys or channel markers, or tie up to any fixed fishing gear or fishing floats.
- 19.4. Restrictions:
- (a) All support vessels shall stay out of the racing area while boats are racing and at least 100 yards away from any racing boat, and move slowly and **with minimal wake**, except where permitted in this instruction.
  - (b) Certain support vessels may be designated as rescue craft by the PRO or Safety Officer and given permission to enter the racing area for the purposes of rescue operations only.
  - (c) When the RC hoists (or is displaying) its orange starting line flags, all support vessels in the starting area shall proceed immediately to the waiting area and shall remain there until the RC lowers the orange starting line flags, at which time support vessels may exit the waiting area and proceed slowly **with minimal wake** to the weather mark, only on the starboard side of the course. The RC may close the starboard side of the course to support vessels.
  - (d) There shall be no anchoring inside the course or in the vicinity of the finish line.
- 19.5. Penalties:
- (a) Competitors affiliated with any coach, parent, or spectator vessel that breaks SI 19 may be protested and penalized under RRS 41, Outside Help, in which case the Preamble to Part 4 will not apply. This change is added to RRS 41.
  - (b) Coaches, parents, or spectators that repeatedly and/or intentionally break SI 19 may be subject to disciplinary actions up to and including exclusion from the venue.



**20. ENVIRONMENT [DP]**

Competitors and coaches are expected to comply with RRS 55. Trash may be placed aboard any RC, support or coach vessel.

**21. SPECIAL INSTRUCTIONS - EVENT ADVERTISING [DP]**

Boats are required to display advertising, if any, chosen, supplied, and as instructed by the OA.

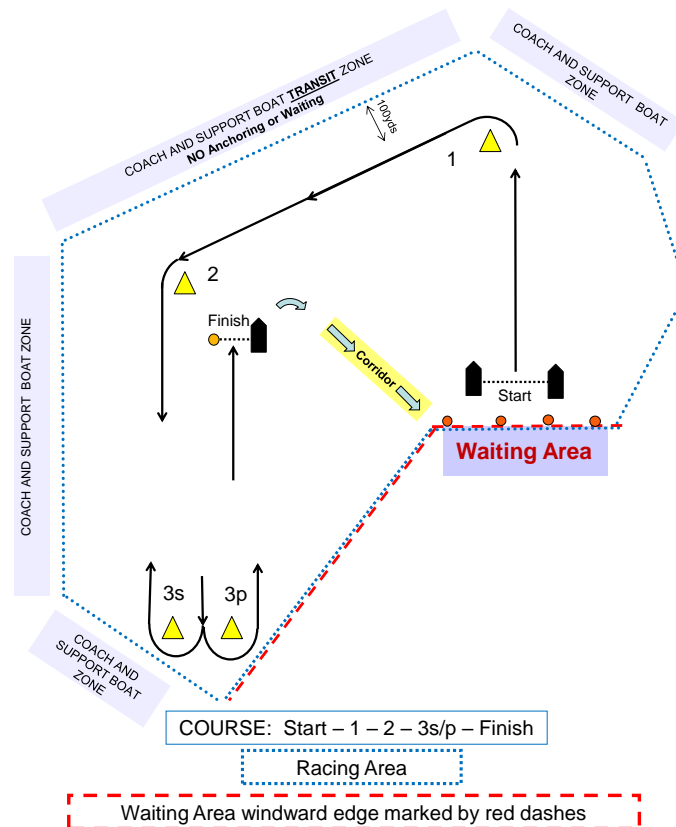
**22. DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The OA will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. During online registration, all competitors and their parent/guardian checked the USODA Event Waiver box indicating they have read and agree to the USODA Event Waiver.

**23. PRIZES**

Prizes to be awarded are described in the Notice of Race. Subsequent prizes may be awarded at the discretion of the OA.

**SI Addendum 1 – Race Course and Restricted Areas**



*Note: Diagram not to scale. Mark colors and shapes are illustrative only.*





## SI Addendum 2 – USODA Graded Penalty System

**Graded Penalty System – Percentage Penalties rounded up to the next whole number**  
Penalties apply to the race of infringement; otherwise, to the first race of the day.

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### 1. Minor SI penalties

*Penalty approximately equal to 5% of fleet*

- a) Not displaying the assigned colored division streamer (N/A)
- b) Launching before ‘Harbor Start’ signal (SI 5.4)
- c) Failure to return promptly to waiting area after finishing (SI 12.2)
- d) Failure to report penalty taken (SI 15.11)

### 2. Minor class rule penalties and intermediate SI penalties

*Penalty approximately equal to 10% of fleet*

- a) Bailer not attached to hull (CR 4.3)
- b) Paddle not attached to hull (CR 4.3)
- c) Daggerboard not attached to hull (CR 3.3.4)
- d) Painter not attached to mast step (CR 4.3)
- e) Whistle not attached to personal flotation device (CR 4.2)
- f) One sail tie 5 mm, or more, loose (CR 6.6.3)
- g) Two sail ties 3 mm, or more, loose (CR 6.6.3)
- h) Accidental loss of sail tie (CR 6.6.3)
- i) Sailing across a race in progress before starting or after finishing (RRS 24.1)
- j) Out of the waiting area (N/A)
- k) Failure to comply with Safety Check-Out/Check-In procedures (SI 17.1/17.2)
- l) Breaches of SI 19, Support Person Regulations

### 3. Intermediate class rule penalties

*Penalty approximately equal to 30% of fleet*

- a) No bailer, paddle or painter in boat (CR 4.3)
- b) No whistle (CR 4.2)
- c) No lanyard, locking device or other arrangement to attach mast to the hull (CR 3.5.2.11)
- d) Sail outside limits of bands (CR 6.6.3)
- e) Two ties 5 mm, or more, loose (CR 6.6.3)
- f) Three or more ties 3 mm, or more, loose (CR 6.6.3)
- g) Throat, tack or clew eyelet 3 mm, or more, loose (CR 6.6.3)
- h) Failure to wear an approved PFD (SI 17.5)
- i) Failure to report for measurement after finishing (N/A)
- j) Failing on-water measurement inspection (SI 18)
- k) Repeated infringement of Section 1 or Section 2 penalties, above



#### 4. Class rule breaches for which the penalty may be 0%

- a) Class rule 3.2.2.12
- b) Class rule 3.2.3.2.d
- c) Class rule 3.3.1.3
- d) GRP Sheet plan 23 and measurement 58

#### 5. Major class rule penalties (as per RRS)

*Penalty up to DSQ – requires Protest Hearing*

- a) All RRS, except as amended
- b) All SI, including amendments
- c) Use of uninspected equipment
- d) Use of unapproved fittings
- e) Repeated infringement of Section 3 penalties, above

**Regatta Chair:** Dee Ann Rogers

**Principal Race Officer:** Shannon Bush

**Chief Judge:** Chris Luppens

**Scorer:** Erin Progelhof