

# SAILING INSTRUCTIONS

## TEXAS SAILING ASSOCIATION YOUTH CIRCUIT REGATTA

### THE ROCK THE ROCK REGATTA Optimist Green Fleet

Corinthian Sailing Club, 441 E. Lawther Drive, Dallas, Texas  
September 12, 2020

#### 1. RULES:

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 "The Texas Youth Racing Circuit Conditions" apply and are available on the web site at <http://www.tx sail.org/>. A copy will also be available at the regatta site.
- 1.3 Membership in a class organization is not required
- 1.4 Racing Rule 49.1 is changed to allow the use of hiking pants.
- 1.5 All boats shall have sail numbers which match the registration form.
- 1.6 Appendix T, Arbitration, will be used.

#### 2. NOTICES TO COMPETITORS:

Notices to competitors will be posted on the Regatta Notice Board located at <https://txsail.org>

#### 3. CHANGES IN SAILING INSTRUCTIONS:

- 3.1 Any change to the sailing instructions will be posted on the Regatta Notice Board at least one hour before the first race.

#### 4. SIGNALS MADE ASHORE:

- 4.1 Signals made ashore will be displayed from the flagpole or yardarm at the Club or from the Race Committee Boat if docked in the host club harbor.
- 4.2 Code Flag "AP" with two sound signals means the race is postponed. DO NOT leave the club area. The warning signal will not be made sooner than 30 minutes from the lowering of "AP", accompanied by one signal. This modifies "Race Signals".

#### 5. SCHEDULE OF RACES:

- 5.1 Subject to the decisions of the Race Committee, six races are scheduled.

- 5.2 Completion of one (1) race shall constitute a TSA Youth Circuit Regatta

- 5.3 Schedule:

Friday	Sept. 11, 2020	17:00- 18:30	Out-of-town boat drop off
		18:30	Competitor's Meeting via Zoom conference
Saturday	Sept. 12, 2020	10:00	Decision to race will be made and communicated via email
		13:00	Warning Signal for the first race of the day; additional races to follow

- 5.4 No warning signal will be given after 18:00 on Saturday.

**6. CLASS FLAGS:**

The class flag will be the numeral pennant 1

**7. RACING AREA:**

The location of the racing area will be to the north of the main CSC clubhouse

**8. CHECK-IN ON THE WATER:**

Prior to the first warning signal of the competitor’s fleet of the day, each competitor shall sail past the stern of the Race Committee Boat on starboard tack, hail its sail number and be acknowledged by the Race Committee.

**9. RACE COURSES:**

**9.1** There will be two types of race courses: “W” (windward/leeward) – windward, leeward, windward to finish; “T” (triangle) – windward, reach, reach, windward to finish

**9.2** The start/finish line will be on the port side of the Signal Boat.

**9.3** The following diagrams show the courses to be sailed and the order in which the marks are to be rounded.

		<b>Course W – Windward/Leeward, Windward Finish</b>	
		<i>Signal</i>	<i>Mark Rounding Order</i>
		W	Start – 1* – 2 – Finish
		W2	Start – 1* – 2 – 1* – 2 – Finish
		W3	Start – 1* – 2 – 1* – 2 – 1* – 2 Finish
		* - if an offset mark (1a) is present, sailors will leave the offset mark to port after rounding the windward mark (1)	

	<b>Course T – Triangle, Windward Finish</b>	
	<i>Signal</i>	<i>Mark Rounding Order</i>
	T	Start – 1 – 2 – 3 – Finish
	T2	Start – 1 – 2 – 3 – 1 – 2 – 3 – Finish
	T3	Start – 1 – 2 – 3 – 1 – 2 – 3 – 1 – 2 – 3 – Finish

**10. MARKS:**

**10.1** The marks will be white spheres.

**10.2** To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.

**11. THE START:**

**11.1** Races will be started in accordance with Appendix U (3 minute sequence).

**11.2** The starting line will be between a staff displaying an orange flag on the Race Committee boat and the starting mark.

**12. RECALLS:**

Recalls will be signaled in accordance with Rule 29. The race committee intends to hail the sail numbers of OCS boats after the starting signal. The failure of any boat to hear the hail, an untimely hail of OCS boats, failure to hail any boats, and the order of the boats in the hail shall not be grounds for granting redress. This changes rules 41 and 62.1

**13. THE FINISH:**

The finish line shall be between a staff displaying an orange flag on the Race Committee boat and the finish mark.

**14. PROTESTS AND REQUESTS FOR REDRESS:**

**14.1** A boat intending to file a protest for an incident occurring in the racing area shall inform the race committee finish boat of its intent to protest immediately after finishing.

**14.2** Protests shall be in writing. Forms will be made available at the clubhouse, and delivered to the Regatta Chair or their representative there within sixty (60) minutes after the Signal Boat from the Competitors' race course docks.

**14.3** The protest time limit will be posted. A list of protests will attempt to be posted on the official notice board within ten (10) minutes of – but no later than thirty (30) minutes after – the end of protest time. This posting constitutes the notification required in Rule 61.1(b) and 63.2.

- 14.4 A boat is not permitted to protest another boat for breaking sailing instructions 16 or 17. This changes Rule 60.1(a). In addition, penalties for anything other than Rules Part 2 or 3 may be less than disqualification at the discretion of the protest committee.
- 14.5 Appendix T, Arbitration, will be used. This modifies Rules 63.1 and 63.2.
- 14.6 The person who served as mediator during Arbitration may not serve on the protest committee.

**15. SCORING:**

- 15.1 Rule A 2.1 will apply, modified so that each boat's series score will be the total of her race scores.

**16. DISPOSAL OF TRASH:**

Boats observed purposefully discharging trash into the water will either be disqualified from all races sailed on the day the infraction is observed or be subject to other suitable disciplinary action or both.

**17. SAFETY:**

- 17.1 A U.S. Coast Guard-approved personal buoyancy device will be worn by all competitors while on the water. Wet or Dry suits are not considered adequate buoyancy devices for this purpose. All buoyancy devices shall be worn on the outside of all clothing. Sailors may wear a sailing pinny over buoyancy devices.
- 17.2 A competitor who withdraws from a race or does not intend to start a race shall inform the Race Committee as soon as possible. This may also be accomplished by the competitor returning to the club and notifying the Race Committee by radio from the Clubhouse.

**18. COACHING:**

- 18.1 Coaching is encouraged by the race committee. Coaching should focus on the bottom half of the fleet. Coaching on the water is for all, and all coaches are required to assist all sailors. All coaches are required to have VHF radios on and operating on the Green Fleet race committee channel 68 at all times. The race committee has the right to remove from the Green Fleet course any coach who disregards the instructions of the race committee.

**19. PRIZES:**

- 19.1 Participation awards will be given to all competitors.

Above all, HAVE FUN!